



UPHILL WOW

WORDS OF WISDOM

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WHAT ARE THE SIGNATURE THINGS YOU TELL PEOPLE REGARDING YOUR AREA OF EXPERTISE?

- Authenticity
- Curiosity
- Courageous leaps
- Fail forward... All comprise aspects of Emotional grit & resilience

WHAT ARE THE NOUNS THAT DESCRIBE YOU?

- Human
- Global
- Love
- Unicorn

IF YOU COULD OFFER ONE PIECE OF ADVICE, WHAT WOULD YOU TELL YOUR YOUNGER SELF?

Be unabashedly bold, relentless, fearless.

WHAT ARE YOUR 3 FAVORITE BOOKS?

- **Power of Intention** by Dr. Wayne W. Dyer
- **Autobiography of a Yogi** by Paramahansa Yogananda
- **Big Magic: Creative Living Beyond Fear** by Elizabeth Gilbert

WHAT IS YOUR FAVORITE QUOTE?

"Know thyself." - Socrates

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